

*Celebrations of Love &
The Art of Ecstatic Love™ Present:*

Sacred Sunday

A Celebration of Love, Life, & Spirit

With Lori Grace & Michael Pooley

Sunday, August 9th, 2009 | 10:30am to 7:30pm

Where: Southern Marin location (directions provided after registration)

Early Bird Special: \$90 for registered couples/pairs; \$60 individuals (if paid by Aug 7th)

Late Registration: \$100 registered couples/pairs; \$75 individuals (after Aug 7th or onsite)

To Register: Email info@celebrationsoflove.com, or call (415) 924-5483.



Join us for this fun and experiential introduction to Tantra and Sexual Energetics! In a safe, gentle, and respectful environment, we will explore how to connect our hearts and our sexuality with Spirit, and how to allow ourselves to tap into and surrender to the flow of our natural lifeforce energy.

Through breath, movement, music, dance, dialog, bio-energetics and inter-personal interaction, we will learn to:

- Let go of our minds
- Show up in the moment
- Become fully present in our bodies
- Create sacred space and time
- Enhance trust and intimacy with others

Expect to gain practical tools for deepening your ability to be present, relaxed and ecstatic; awakening your body's awareness, balance, and vitality; and understanding the spiritual dimensions of sexual energy and intimacy. The day will culminate with a very special Tantric puja (sacred ritual) to celebrate and honor your capacity for love and connection. Afterwards, we'll gather for a potluck dinner, and spend time soaking together in the hot tubs and pools.

This playshop is equally appropriate for singles, couples, and partners... no tantric experience is required. While we will seek to gender balance the group, please know that coming with a romantic partner is not required.

Lori Grace Star, MA Psych. LMT



Founder and Director of Celebrations of Love

Lori Grace Star has been studying and teaching Tantra since 1984, as well as various approaches to communication, including Compassionate Communication, since 1996. Compassionate Communication is an essential part of the skills she uses to connect compassionately with others and herself; to feel peaceful and inspired in daily life. Lori maintains a private practice teaching people Tantra and has been leading workshops in Tantra for many years. She is also a lecturer in longevity medicine (anti-aging medicine). Lori has helped many couples and individual women overcome a wide variety of difficulties with their sexuality. She helps people expand their ability to communicate with their partners, feel compassion and understanding for each other, and experience profound levels of Tantric connection. For more information, please visit the *Celebrations of Love* website at www.celebrationsoflove.com.

Michael Pooley (aka Dharma Bodhi)



Michael Pooley is the founder and director of *The Art of Ecstatic Love™*. He offers fun, practical workshops and classes, sacred pujas and events, and private sessions focused on cultivating intention, awareness, and joy in relationships and in everyday life. Michael's work and teachings embody the tantric approach to ecstatic living, conscious loving, sexual healing, and sacred sexuality. Most recently, Michael was a senior Certified SkyDancing Tantra Teacher®, licensed and empowered by Margot Anand (world-renowned Tantra master and best-selling author) to teach her SkyDancing Tantra® methods and techniques. He facilitated SkyDancing Tantra programs for over seven years, co-taught with Margot Anand across the United States, and developed a sterling reputation for integrity and compassion in his coaching and counseling sessions with individuals and couples. Ultimately, Michael's teachings and insights reflect his passion for and experience with applying tantric principles in the bedroom, in the living room, in the board room, and in everyday life. For more information, please visit Michael's website at www.ecstaticlove.net.